FORT WORTH ALLERGY & ASTHMA ASSOCIATES

MEDICATIONS THAT MAY INTERFERE WITH SKIN TESTING

These medications must be avoided for at least **3 DAYS** prior to skin testing, unless otherwise specified. Some medications must be avoided for at least **7 DAYS** and are marked with an (*).

If you are taking a medication on this list for a chronic condition, such as depression, do not stop that medication without first checking with us to determine if it is safe to do so. Call 817-315-2550. Dr. Rogers (ext. 113) Dr. Bailey (ext. 107) Dr. Tremblay (ext. 106).

**Do not stop asthma medications.** Do not stop nasal sprays: the only exceptions are Astelin, Dymista, and Patanase which should be stopped **3 DAYS** prior to skin testing.

<table>
<thead>
<tr>
<th>A</th>
<th>D</th>
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</thead>
<tbody>
<tr>
<td>Any over the counter medication with the word “Allergy”</td>
<td>Deconamine</td>
</tr>
<tr>
<td>Acetaminophen PM</td>
<td>Desipramine</td>
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<tr>
<td>Actifed</td>
<td>Desloratadine</td>
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<tr>
<td>AccuHist-LA</td>
<td>Desyrel</td>
</tr>
<tr>
<td>Advil PM</td>
<td>Dimetane</td>
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<tr>
<td>Aerokid</td>
<td>Dimetapp</td>
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<tr>
<td>Alavert</td>
<td>Dimenhydrinate</td>
</tr>
<tr>
<td>Alka-Seltzer Plus</td>
<td>Diphenhydramine</td>
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<tr>
<td>*Allegra, Allegra D</td>
<td>*Doxepin</td>
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<tr>
<td>AllerRX PM</td>
<td>Doxylamine</td>
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<tr>
<td>Allergy eye drops of any kind</td>
<td>Dramamine</td>
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<tr>
<td>Alprazolam</td>
<td>Dristan decongestant</td>
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<tr>
<td>Amitriptyline</td>
<td>Drixoral</td>
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<tr>
<td>Anafranil</td>
<td>Duratapp, Duratapp PD</td>
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<tr>
<td>Antivert</td>
<td>Duravent DA</td>
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<tr>
<td>Astelin nasal spray</td>
<td>Dymista nasal spray</td>
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<tr>
<td>Astepro nasal spray</td>
<td>E</td>
</tr>
<tr>
<td>Atarax</td>
<td>Elavil</td>
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<tr>
<td>Atrohist Plus</td>
<td>Elestat eye drops</td>
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<tr>
<td>Axid</td>
<td>Emadine eye drops</td>
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<tr>
<td>Azelastine nasal spray or eye drops</td>
<td>Endal HD</td>
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<tr>
<td><strong>B</strong></td>
<td><strong>F</strong></td>
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<tr>
<td>Benadryl</td>
<td>Famotidine</td>
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<tr>
<td>Bepreve eye drops</td>
<td>*Fexofenadine</td>
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<tr>
<td>Bromfed, Bromfed PD</td>
<td>Fluoxetine</td>
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<tr>
<td>Brompheniramine</td>
<td>Fluoxamine</td>
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<td>Brovex D</td>
<td><strong>H</strong></td>
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<tr>
<td>Caladryl lotion</td>
<td>Histex CT, HC or PD</td>
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<tr>
<td>Celexa</td>
<td>Hydroxyzine</td>
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<tr>
<td>Chlorpheniramine</td>
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<tr>
<td>Chlortrimetron</td>
<td>*Ibuprofen PM</td>
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<tr>
<td>Cimetidine</td>
<td>Imipramine</td>
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<tr>
<td>Citalopram</td>
<td><strong>K</strong></td>
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<tr>
<td>*Claritin, Claritin D</td>
<td>Ketotifen eye drops</td>
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<tr>
<td>*Clarinex</td>
<td><strong>L</strong></td>
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<tr>
<td>Clemastine</td>
<td>Lexapro</td>
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<tr>
<td>Clomipramine</td>
<td>Levocetirizine</td>
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<tr>
<td>Contac</td>
<td>Livostin drops</td>
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<tr>
<td>Cyproheptadine</td>
<td>*Loratadine</td>
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</tbody>
</table>
M
Meclizine
Midol
Montelukast (do not take 24 hours before testing)

N
Naldecon
Nefazodone
Nolahist
Norpramin
Nortriptyline
Novafed
Nyquil, Nyquil Cough

O
Optimine
Optivar eye drops
Ornade

P
Pain medicines with “PM”
Palgic
Pamelor
Paroxetine
Pataday eye drops
Patanase nasal spray
Patanol eye drops
Paxil
PBZ-SR
Pediaicare Cough Cold
Pediaicare Night Rest
Pepcid
Periactin
Phenergan
Phenhydramine
PM formula of all pain medications
Polyhistine CS, DM, or D
Promethazine
Protriptilene
Prozac

Q
Quada-Hist D
QDall, QDall AR

R
Ranitidine
Rescon
Rescon Jr or MX
Rondec DM
Ru-Tuss
Rynatan
Ryna 12
Rynatuss

S
Semprex D
Sertraline
*Sinequan
*Singular (do not take 24 hours before testing)

U
Sinulin
Sleeping pills containing PM (diphenhydramine)
Sudal 12
Surmontil

T
Tagamet
Tanafed
Tavist, Tavist D
Teldrin
Temaril
Tofranil
Trazodone
Triaminic
Trimipramine
Trinalin
Tussi-12
Tussionex
Tylenol Allergy
Tylenol PM

V
Vistaril
Viravan T, S, or DM
Vivactil

X
Xanax
Xyzal
Z
Zaditor eye drops
Zantac
Zoloft
Zonalon cream
Zyrtec, Zyrtec D

HERBS
Licorice
Green tea
Saw Palmetto
St. John’s Wort
Feverfew

*Avoid for 7-10 days

4-23-15